

Ag, Compadre!

By Rudolfo Anaya

Directed by Cecelia Aragon

"A Love Story About Aging"

July 20-22, 8:00 p.m.

July 23, 2:00 p.m.

at the

South Broadway Cultural Center

Tickets form TicketMaster 884-0999

or SBCC 848-1323

Parental Discretion Advised

Have you seen something others should know about? Well call the Daily Lobo News Tip Line at 277-7527.

SEXUALLY TRANSMITTED DISEASE (STUDY FOR MEN)

If you have Chlamydia (a sexually transmitted disease) you may be interested in a research study for an investigational medication to treat this condition.

SYMPTOMS INCLUDE:

- *WHITE OR CLEAR WATERY DISCHARGE FROM THE PENIS
- *PAIN WITH URINATION AND/OR MORE FREQUENT URINATION

Those who qualify will receive free study medication and a small compensation.

For more information please call Lovelace Scientific Resources: 262-7415, 8am - 4pm, Monday - Friday



It was a gift

Sports

Be a mountaineer; hike the La Luz

by Bill Herbert
Daily Lobo

If you're looking for some exercise and adventure, then a day hike in the Sandia Mountains is just minutes away. With over a dozen maintained trails traversing the mountains' 37,000 acres of designated wilderness area, the Sandias offer beauty and challenge to hikers of all abilities.

The Sandias rise from 6,000 feet at the high desert floor to 10,678 feet atop the peak of Sandia Crest, and getting to the top can take a hiker over steep and rugged terrain through four climatic zones.

The best example of this is the famed La Luz trail. At its base the hiker will wind a well worn trail through the foothills and find all the trimmings of the high desert: lizards, piñon pines, cacti, jack rabbits, etc. As he or she ascends higher, the landscape merges into green: tall, lush grasses; spruce, fir, aspen; even an occasional deer or coyote. The canyons then begin to get higher and higher until the hiker is surrounded by cliff walls, steep slopes and rock slides, all at least a thousand feet high. There is a small amount of danger there as the trail crosses the avalanche rock slides about 30 times, and hikers should watch their footing.

However, the slides can also provide a cool relief for the hot and tired hiker. Because there is air and constant shade under the rocks, snow and ice remain below the rock and out of sight. At a few places, large boulders hold the slide back from the trail border, leaving waist-high gaps where air flows under the rocks and over the ice, creating a natural air-conditioner.

Oddly enough, the high country on La Luz is also a great place for people-watching. As one ascends, there

are often climbers and hang gliders to watch, complete loco runners to be passed and always a few slackers took the tram up and are hiking down. But perhaps the strangest thing about this hike is when one gets to the top, there are hoards of people, gift shops and restaurants. This is not the scene a hiker usually expects to see after climbing 3,600 feet over seven miles. However, it is a welcome relief; water and food are available, at a price, and the tram is available for the return trip. It's also a good idea to watch unacclimated tourists, who struggled to get to the heights by car or tram, sweating bullets as they brave the relatively flat nature trails (part of the 28.2 mile La Luz Trail) that connect the parking lot, the rock house, the peak and the tram, while you, the hiker, the mountain climber, the unstoppable adventurer, turn to walk home into the arms of the glorious New Mexico sunset.

The La Luz Trail is 7 miles to the crest parking lot, 4 miles to the north fork or 7.8 miles to the tramway at the south fork. The fork is located about 200 meters from the parking lot and is marked by a sign. La Luz is very strenuous, taking about 3.5 hours for strong hikers to 5.5 hours for the rest of us going up, and about a half-hour less going down. Bring no less than three quarts of water, a snack, some good boots and some mole skin or band aids. Always let someone know of your destination and your time of return in case of disaster.

The La Luz trail head is located at the Juan Tabo Picnic Area. To get there, go north on Tramway Boulevard past the Sandia Tramway entrance. When Tramway Boulevard curves west, look for Forest Road 333 on the north side of the road. 333 winds for 2 miles to the picnic area whose driveway is marked by a sign and two stone pillars on the left. The trail head is at the east side of the parking lot.

COLUMN

Elephant Butte only worth the drive

The Grumpy Hiker



fresh out of mass. Although the meal was good and the prices were better, I couldn't help but feel like I had the word "heathen" tattooed on my forehead.

Then down to the lake. A day pass for parking at the Butte costs a mere three dollars and allows you unlimited in-and-out privileges. Being a

skis, boats, tents, grills and lounge chairs. The smell of suntan oil charred beef. More people. Well, you get the picture. Not to mention that the weather was a cool 100 degrees in the shade. I gave up on the hike and decided to take a dip in the lake.

If I have one piece of advice